

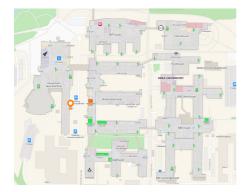
STUDENT HANDBOOK 2024

- Useful information for you as a new student!

Student Union Reception

You can also buy assorted goods at the union reception such as e.g. patches, the unions songbook and the NTK-hat.

You find the student union reception at Johan Bures väg 11 in the uniersumbuilding.



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Umeå student union of Science and Technology MIT-huset, plan 3, 901 87 Umeå www.ntkumea.se

Lyrics: Board Layout: Board Photo: Contact NTK for information. Overallsillustration: Sara Maria Andersson

Congratulations and welcome to Umeå University!

Congratulations and welcome to Umeå University! You who are reading this handbook have been accepted to an education at the Faculty of Science and Technology at Umeå University and we from the Umeå Student Union of Science and Technology (NTK) would like to give you an extra warm welcome.

NTK is the student union for all students studying at the Faculty of Science and Technology. We and your student union and we do everything we can for you to have a fun and educative time here at Umeå University!

Now you'll have a welcoming period ahead of you with the reception and we hope that it will be a time of fun, joy, unity and most of all, friendship.

This handbook is a goldmine of practical information that will be useful throughout your education and not just during the reception. After the reception you can come back here and go through the details during a calmer period. There is e.g. information about fun events, student rights and accommodation.

Again, a warm welcome to Umeå University.

Best Regards, Ntk board 2024/2025



What is a student union?

The idea of student unions is that one student can have a hard time to make themselves heard, but you can't ignore the collective voice of six thousand students. And that's why NTK exists to, with all the members on its back, bring up the students opinions and ideas, regardless of size, to those in charge at the university.

What does NTK do?

NTK's purpose is to monitor and contribute in the development of the education and prerequisites for higher education. This means that the student union are to be present to affect and improve everything that revolves around your studies; before, during and after your time at the university, your free time and working environment.

NTK works with e.g. that all students are to have their exams and assignments corrected and returned on time and to have the teachers explain why they've corrected the assignments the way they have. The student union also arranges the student reception and the career fair Uniaden, and we work everyday to make sure that all students should have a fun time during studies and a good connection to your future work. NTK works to affect the municipality and other actors to offer good housing and

other living standards for students. Together with around fifty other student unions we push student opinions towards e.g. the Minister of Higher Education and CSN through the Swedish National Union of Students (SFS).

Student representatives

Us students have the right to have representatives in all boards and councils at the university that make decisions affecting us. Therefore NTK chooses one or more student representatives to each of these groups, and these representatives are affecting the choices that are made to make them as good as possible for all students. With the support and the education from the student union that these representatives acquire it is both rewarding and fun to be a student representative. There are many positions to candidate for, so there is most likely one that fits you!

Other student unions at Umeå University

Apart from NTK there are three other student unions in Umeå, whereof two of them at Umeå University. Of the two at Umeå university, Umeå student union (US) represents students at the Faculty of Arts and the Faculty of Social Sciences, together with all teacher students. The other is Umeå Medical and Health Sciences



Student union (UMS) which represents those studying at the Faculty of Medicine. Although there are differences in organizational structures, NTK, US and UMS work together with questions regarding all students at Umeå University.

The Swedish University of Agricultural Sciences also have their own student union: Skogshögskolans studentkår.

What can the student union do for you?

As a student you always have the right to get help and support in your educational situation. The head of educational matters and the head of social matters help you with problems regarding teachers, CSN, discrimination etc. Regarding educational matters you can turn to the head of educational matters e.g. if a teacher has broken the university rules or when there is suspicion of such. If you feel mistreated or discriminated, you can contact any of us on the board.

If you are also a member of NTK you can partake in the student unions different event, have questions regarding career and work answered by the head of corporate relations and apply for emergency loans if needed. In short, the student union is there as support and help during your time studying.

What can I do for the student union?

NTK is build on volunteering, which is why you as a member is important. Many start by going to their branch's grand meeting (read more about the branches on page 24-25), where all members belonging to the branch chooses representatives to boards and councils regarding specifically their education. In the branch boards, the student union council and the student union board engaged students are also needed. At the student union house Origo you can work as a volunteer and during the student reception there is always a need for more people making sure the new students feel welcome at their new program. We work together within NTK to make things better for all of us. If you want to learn more about working in associations, manage projects or just want to help others, the student union is something for you!



As a member of the student union NTK you are part of the development of your time studying at Umeå university. This means that you can be a part of your section board of directors, that you have the right of free speech in and that you can sit in the representative assembly where you directly affect the NTK board of directors' work. It is also possible to be a part of one of the units. The units represented today is study social unit, the job market unit, the communication unit and the education supervision unit. If you engage in a unit you work with people from other programs and persue the issues you are passionate about.

You get a fair amount of offers as a member of the student union. All NTK members get a student union symbol in the Hiract and mecenat app which identifies them as a student. With this card you get cheaper food and entry at our student union house Origo as well as some local discountes. Discounted IKSU membership, cheaper cinema tickets amongst other offers. With the student union card you get access to all student pubs in Umeå.

You can easily become a member of the student union NTK during the member registration days which are Tuesday the 3rd of September at 13:00 at Aula Nordica

The student union fee is 430 SEK for a whole year or 280 SEK per term and is paid by card. You will be able to pay the fee firsthand during the member days and at the same time get offers from the student union cooperation partners and get information about the possibilities to engage within the student union.

Beyond the member registration days there are two other ways to become a member of NTK. One way is to visit the member responsible at the NTK chancery in the MIT building level 3. The other is to visit the member portal at www. medlem.ntk.umu.se



The student reception lasts during a couple of weeks and the purpose of it is for you to get to know your classmates, older students and students of other programs and for you to get to know Umeå. It is conformed for everyone and makes sure that everyone enjoying it and having fun during time. Make sure you attend the student reception and get to know your class and other students. This will make you learn useful information and that you quickly become a part of the community.

What happens during the student reception? During your first days at Umeå university you will be greeted by an active campus full of new and old students. Students who have studied your program a while, your fellow older students, will be the ones to welcome you during your first time at the university.

Moreover, during the student reception you will get to know both the city and the university but above all the friendly people studying your program. Getting to know the people within the program usually goes very quickly, you already have a common interest – the subject you have chosen to study! Your fellow older students will give you precious tips, lend you books and just help you manage. Everything to make your time studying easier and more fun.

The student reception usually amounts to a couple of hectic weeks where you get to know a lot of people, play games, party and have fun. Attend as much as you can, the student reception happens once a year and is considered the most exciting thing that happens at the university. The more people attending, the better and funnier!

In this context we want you to note that no reception within NTK is allowed to have a main focus on alcohol. The focus is always on community and inspiring to a rich campus life.



Generals

Take a close look at the people in the picture above. At first sight you might think that they are just regular students. This is for certain completely correct, however with a special remark: the people in the picture are some of the different program's generals.

The student reception at the different programs are lead by the generals which are students from the year above yours and they know most of life at campus. They have been educated in everything from first aid to group dynamics.

"Phaddrar"

To their help the generals have a number of "phaddrar" who have an education similar to the one the generals have. The "phadder" can be seen as being directly beneath the generals and they are together with the generals in charge of the activities they have planned for you.

Contact your general

If you want more information about your program's reception, you can get this from your generals. To get contact information to your general, call or send an email to the reception coordinator (contact information below).

Student reception

During earlier years it was common to make fun of the new students, these days the focus is on community, having a good time and feeling welcome.

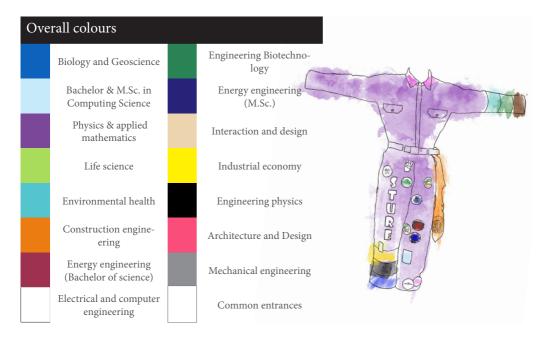


Victor Göthesson Reception coordinator 2024

More information

Contact Victor on

studiesocialt@ntkumea.st



The overall

A lot of students wear overalls of different kinds. The overall is a garment worn by many students across the country during social events and special occasions and makes a good way of recognizing your fellow older students. The overall is associated with several old traditions. One of the traditions is that the colour of the overall that someone is wearing depends on what they study. The picture above shows what colours are worn at Umeå university and the Faculty of Science and Technology. Remember the colour of your program to easily find your fellow older students.

The NTK hat

Another garment often worn is the NTK hat. It is green with a protracted tongue and a tassel. The sailor's knot on the lace above the tassel are program specific. In addition to what program and what year you study, their placement can reveal your relationship status.

During every student reception NTK hosts a couple of large activities where all programs participate. These are the "Dammplasket" and the NTK rounders. Make sure you do not miss

any of these activities and get the chance to meet all new student together at one place.

The new student tags

Most programs have some kind of new student tag. It can be anything from a shirt or hat to a sign hanging around their neck. This is something the new student ought to wear to be recognized as a new student and for them to recognize their classmates. Most tags have the students name, phone number, home address and an emergency contact on it. This is both to make the learning of new names and helping each other out easier. As everything else during the student reception, wearing the tag is not a must. However, it is fun and makes life easier for the people who arrange student reception activities.



Rights

As a new student at Umeå university we want you to know that you do not have to do anything that you do not feel like doing. You are not supposed to accept any kind of violation or discrimination, for example be part of a humiliating game or be forced to drink alcohol.

NTK educate all generals and "phaddrar" to prevent the presence of these kind of activities. In the unlikely occasion of this happening, turn to the reception coordinator who also is the student unions responsible of the student reception, but everyone on the union board is here for you and listens to you if you need help.

Contact information can be found on page 8.

Improving the student reception

When the student reception is over all work considering it starts over. The generals collect evaluations from you, and they are used in the education of next year's generals. The evaluations cover, amongst other things, questions about comfort, alcohol and reception activities. All of this to make next year's reception better than the past one.



Student life

To make everyday life as a student a little bit brighter there are several student associations, student union associations and party groups. These offer you as a student a great number of activities both on an outside campus, within different fields. There are associations for people who like parties, sport, music, theater, culture and much more.

Party group

A party group or "festeri" is a group of people who arrange social events for their program or section, depending on their structure. Today there are more than ten party groups on campus and also "Super-Festeriet", where all party groups are represented. Super-Festeriet arrange their own big events for all NTK members, such as "Dammplasket" and "Super-JÄNS"

Culture

Are you into music or acting? If so, you can join the student orchestra "Snösvänget" and their ballet "Sparketten" or a choir like "Nationskören" or Umeå student choir. Want to combine the musician and actor in you? "Medicinspexarna" and "Umespexarna" both make a humoristic, interactive music theater (called "spex") with acclaimed shows.

Start your own association

If you do not find an association that satisfies your taste and interests, you as a student can always start your own or join and affect a present one. A lot of students choose to be engaged in one thing or another during their time studying. This gives a break in the otherwise study-filled days. If you want to start an association the student union is there to help you.



The student union wants you to have an as pleasant time as possible while studying and that is also one of Student Services goals. Below this you can read about some different instances where you as a student can turn to if you need aid.

Student Services

Student Servicesis a service function meant to give you all the aid you might require from the day when you get accepted until you are standing with your diploma in your hand. You are offered support and aid about admission, student health, studying merits, diplomas, and foreign exchange programs. Student Services also gives seminars in such topics as how-to feel better whilst talking in front of a group, how to increase well-being while studying, and how-to optimize your studying habits.

Infocenter

Infocenter is located inside Universum, it is the central hub for the Student Services functions and where you as a student should turn to too get information and aid.

Admissions Office

Admissions office is where you can turn to if you have questions regarding courses outside of your curriculum, local admission, continued studies within a program or later parts of programs. The Admissions Office also deals with questions re-

garding deferments, exemptions, and admission due to special reasons.

Degree Evaluation Office

Degree Evaluation Office is the place you as a student go when applying for a diploma, when you have gathered your mandatory credits and finished your thesis.

International Office

International Office gives information and aid to students who wants to study abroad. They are also there too aid foreign students studying at Umeå University.

Student Health Service

Student Health Service is where you can turn to if you have any questions regarding your current mental and physical health, your social situation, and your studying situation.

Student Support and Guidance

Student Support and Guidance informs about studies and offers personal guidance. At Student Support and Guidance works the universities contact person dealing with questions and support regarding students with disabilities.

More information

To read more about Student Services functions please visit www.umu.se/studentcentrum/



So, you have finally settled on where and what you want to study, time to deal with the next big question. Where are you going to live? On the next page you can read about the different areas, but the first part of the question is how are you going to live?

Dorm room

As a new student and new in the city it is often appreciated to live in a dorm room during the first part of your studies. You will have a great chance to get to know people and make new friends. The room is furnished with sturdy pieces that will last you through wars, earthquakes and all the dorm parties. To be able to sleep you will most likely have to acquire a mattress as they are not a part of the included furniture. Keep your queue time! When you move to your first single room in the student corridor, your queue time is not reset, but you are allowed to keep it.

How much does a room cost?

The rent for a dorm room is roughly 3000 s.kr. a month depending on the size of the room with June and July being rent free as an added perk. The rooms size will be somewhere between 17 to 25 sq. m. It might seem small but with a communal kitchen and shared space your living situation won't feel crammed. The standard of the dorms varies a bit depending who is living in them but with a little bit of community spirit the dorms are usually a great place to live.

Student apartments

If dorm rooms aren't your cup of tea you can always get a student apartment. These will sometimes come furnished and commonly with no electricity bill. The rent will be higher than a dorm room and there are no rent-free months, but you will have your own kitchen and more space. The queue for a student apartment is significantly longer than that of a dorm room though. You could also get an apartment that isn't specifically designated for students these will come with a further increase in rent but a common solution to this is that a group of friends live together in a relatively cheap four or five room apartment.

Foreign Students

Most often people from the same country try to move in to dorms where people from their country already live, while this is a good way to get that home away from home feeling don't be afraid to go out on a limb and take a room that suites you and you will soon notice that most students at Umeå University are interesting and fascinating, even if they don't speak your language.

Comunity of housing



Ålidhem och Berghem
This community has the most student rooms/apartments. Mostly corridor type. This is where it stuff happens every day!



Liljansberget, Ålidhöjd och Tvistevägen Close to IKSUsport, studies but still a bit on the side for some peace and quiet. The prices are a little bit higher but there is a better standard. Apartments on this area is one or two bed room apartments.



Nydalahöid

Not to close but still not to far away. Nydalahöjden has relatively new corridors with nice kitchens and common areas. There is one disadvantage with Nydala and that is the distance to a grocery store. But it's not that far to Mariehem centrum or Ålidhem centrum where you have everything you need.



Carlshem och Mariehem

Here you can find both dorm rooms and apartments. It's close to big shopping areas and grocery stores. Carlshem and Mariehem is about two kilometers away from campus.

More information

To get in lina for an apartment at Bostaden (Ålidhem, Berghem, Tunnelbacken, Ålidhöjd, Liljansberget och Nydalahöjd), register at www.bostaden.umea.se. For more information about Heimstades bostäder (Carlshem & Mariehem) www. heimstaden.com or Balticgruppens housing (Ålidhöjd) www.balticgruppen.se. You can also find places to live at www. umea.se. Temporary housing intermediation NTK/US/UMS www.akutrum.nu

Student economy



A common myth about students is that we live very poor. So poor that we can only eat the cheapest food possible and never enough to be full. It's not really that bad though. You probably wont live like a king but you can still have a pretty good living.

As a Swedish student you get money from the state through CSN, the Swedish Board of Student Finance. Before each year or semester, you apply for grants from CSN and you can complement your funds with a so called student loan. The loan is completely optional and if you think you won't need it you don't have to take it. If you choose to take out a full student loan each month you will at most get 13156 SEK, with 9168 SEK being the loan and the rest is grants.

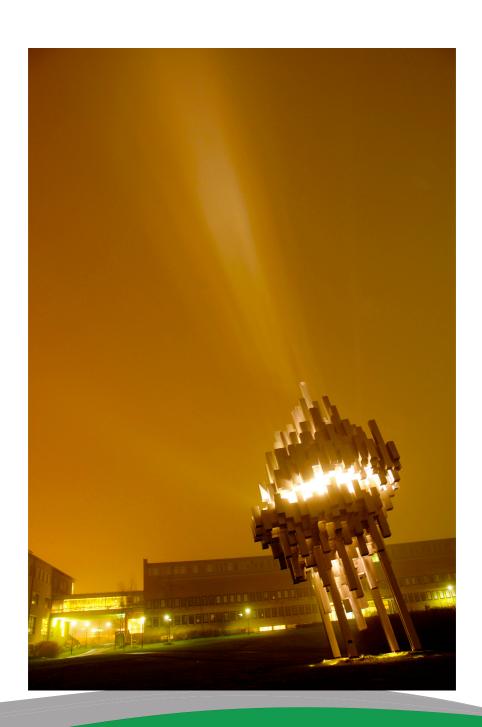
Study declaration

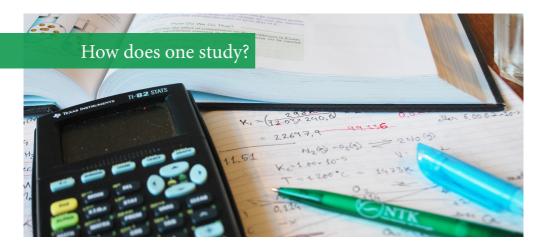
Before each semester you must send in a study declaration to CSN where you declare that you will study during that semester and that you will study at the tempo that you have applied for grants and loans for. This can easily be done at CSN's website as soon as you've been registered at your first course for the semester. After that it usually takes about a week before you get your first student aid in your account.

"Free amount" and performance requirements

There are many rules concerning the student aid from CSN. The most important one is the "free amount" that regulates how much money you can earn every 6 months. The "free amount" depends on how many weeks you have applied for. If you applied for 20 weeks, then the free amount is 101 995 SEK.

If you earn more than this then CSN will lower your grant and in worst case, you will be required to repay. As a student you have the right for a total of 240 weeks of student aid which amounts to six years of full time studying.





Life as a student at university will probably be different from your earlier studies. In this section we will give examples on some of the differences and some important pointers.

Students responsibility

Studies at a university differentiate on one point quiet drastically from early studies and that is the amount of responsibility that is put on the student. Once your studies have started you won't have any one teacher following your progress.

Course disposition

The education at university is given in form of courses, these have different lengths and study pace. The length of a course is measured in credits where 1,5 credits is equal to one-weeks' worth of full-time studies (40 hours).

A course contains lectures, where the lecturer goes through the theories needed for the course, and own studies where you as a student apply the theories and your knowledge through exercises and assignments. Courses may also consist of seminars where students can discuss and analyse a certain topic of the course in smaller groups. Exercises commonly consist of a lecturer

walking the students through a couple questions on the blackboard followed by students trying to solve similar problems on their own. Lectures and exercises are not mandatory for students to differ from seminars which are mandatory and often graded. Solving problems and studying for an exam is done on a students free time. Laboratories, excursions, and other practical moments are often used in courses.

Examination

Most courses are divided in to different moments, where every moment is graded, and your final grade of the is the result of all your grades weighed together. There may be multiple exams on a single course.

Other forms of exams are oral exams, assignments, and practical exams. If you where the fail an exam you will be allowed to do mock-up exams.



As you study at Umeå University you will most likely run into problems with your studies and we at the Student Union want you to know you don't have to fight on your own.

Are you feeling that a course isn't living up to your expectations? Or is there something else about your studies that are worrying you, for instance exams or laboratories? When problems arise in your studies you can turn to The Unit of Educational Matters for help. We are here to aid you in your problems and help you in your struggles when it comes to studying. We know the laws and policies of Umeå University and can help you as a student get the best help possible.

Did you know that as a student some of your rights are:

- •The right to a syllabus and schedule one month before a course begins
- •To get results of your exams within 15 workdays of the exam (applies regardless of exam form)
- •To be scored individually during examination.
- •The right to receive test results in 25 work days

The head of The Unit of Educational Matters is a full-time employee here to assist you and your rights as a student. He is the link between you and your lecturers. The Unit of Educational Matters works not only with problem solving, but also with trying to prevent the problems before they happen. Regardless if you are studying a single course or if you are a program student, we want you to be satisfy with your studies.

If there are any concerns or if you have any questions do not be afraid to get in touch. Feel free to either send an e-mail, call, or visit him in his office on Johan Bures väg 11, Universum building.



David Olsson The head of The Unit of Educational Matters 2024/2025

More information

Contact David on

070 - 606 62 79 **or** utbildning@ntkumea.se



NTK is a student union made for students by students and it is important that all students know what we are doing.

That's why we have a unit for communication.

The communication unit will give you the information you'll need.

Both general information about NTK and also what is happening now and ahead.

For example labor market events, fun evenings or occasions that give you as a student the opportunity to affect your student environment.

Information is available on hall way boards around campus, on facebook and on Instagram.

As a member of NTK you will biweekly get a newsletter by mail.

The newsletter will give you invitations to events, offers from our partners and information about what happens in the student union right now.

You can also find information on NTK:s website www.ntkumea.se

If you want to help to spread information about the student union or if you feel like there is something missing in the communication you are welcome to NTK:s reception on Johan Bures väg 11or send an e-mail.



Camilla Lundberg Receptionist/memberservice

More information

Contact Camilla

070-606 68 74 ntk@ntkumea.se



How does one know what one wants to work with when one is done with their studies and how do you create a good contact with a company?

These are issues that the head of corporate relations unit works with on a daily basis. The goal is for all students to have a strong business connection in their education.

NTK has in recent years, among other things distributed recruitment manuals to the business community, which contains information on the specializations that NTK's students read. It has also worked for work-integrated learning which involves getting study visits, workshops and internships in the studies.

We also focus on taking companies like that can hold different types of events with the students. The event can be anything from corporate evenings, information tables, lunch lectures, CV reviews, simulating work interviews or other fun events. This is arranged for students and companies to have the opportunity to meet each other. It is an excellent opportunity to get inspiration or establish contacts that can give you a head start when it is time to apply for a job. Most of the events will be targeted all students but some will be more program-

specific. One tip is to try to attend as many events as possible, because it is never too early (or too late) to create contacts. Soon you will have a degree in your hand and then your contacts can come well ready.

If you think it would be fun to get involved in corporate relations issues then you are most welcome to look past the office or get in touch by phone or e-mail!

More information

Contact

arbetsmarknad@ntkumea.se



Questions of social matter are defined as things concerning your time as a student. It can be questions about accommodation, equal terms, working environment, student economy or just the student reception.

You can find our office at level three in the MIT building in the NTK corridor. If you have a question, big or small, you are always welcome to come visit us! We can help you with things such as being your representative in work environment committee to make sure you get ventilated lecture-halls and express your opinions about recreational activities and health to the county and other stakeholders. We also help students who want to create new or old activities to enliven their time studying.

Working environment

What is a typical social matter question? Let's say you or a friend of yours uses a wheelchair, do you or your friend have access to emergency exits? Is the lecture-hall too oblong such that you cannot see what is written if you are sitting in the back? These are questions about working environment.

We are also your head student safety representative which means that you can reach out to us if you have questions or complaints about your

study environment. All sections have their own student safety representative and they are also there to help you with questions regarding the working environment.

Equal terms

If you feel like some people in class do not get attention like the others, for example that they never get to answer questions or do not get help during calculation exercises, this is an equal terms issue. These kinds of matters are also something that you can come talk to us about.

More information

Contact studiesocialt@ntkumea.se



NTK is our student union!

1400 members working together to make every students time at Umeå University the best possible. To improve ourselves we need your help, together we can make the student union stronger.

There are many ways to get engaged, the best way is to attend your branch's grand meeting. The branches are the "base" of the student union, the group that all other activity is based upon, and there is a branch for you depending on what you are studying (look at page 24). On the branch's grand meeting both student representatives, the branch board members and members of the student unions units and student union council. Here you'll have the chance to get engaged in everything from educational monitoring to social activitiesThe student union council is sort of the student unions version of the parliament, but without politicians. Instead the members are representing their branch and therefore all fields of education are included.

The student union council regulates NTK's activities and economy. They also elect the student union board members for each year.

The student union board consists of chairman and three "student board members". The chairman are responsible for the student union functioning as regulated by the students through the student union council. If you would like to know more about how you can affect the student union and make you time studying better for you and others you are welcome to visit the student union reception so we can talk about what kind of engagement that fits you the best!

Student union branches

What is a branch?

All members of NTK are also members of a branch. The branches arrange activities for their members and work towards improving the education that belong to the branch. There are eight different branches in NTK, and who you belong to depends on what you are studying.



Design Section

The design section consists of students at:

- All programs and courses at Umeå Institute of Design
- All programs and courses at Umeå School of Architecture



Sigma branch

The sigma branch consists of students at:

- M.Sc. in engineering biotechnology
- M.Sc. in technical chemistry
- Bachelor of Science Program in Life Science
 Masters program in pharmacy, molecular biology, chemistry and plant and
- forest biotechnology.
- Program of processoperator
 Courses belonging to above mentioned institutions



Engineering branch (InSekt)

The insekt branch consists of students at:

- Bachelor of science programs in computer and electrical engineering, electrical power engineering, construction engineering, mechanical engineering and energy engineering
- Program of computer networks and communication technology Program of media production
- Masters programs in interactive technical system, robotics and control Foundational year program for Bachelor of Science Courses at the Department of Applied Physics and Electronics



MEGA branch

The MEGA branch consists of students at:

- Bachelor programs in biology and earth science, and environmental science
- Masters program in environmental science
- Masters programs in ecology, geoecology and ecological handling of
- catchments
- Program of nature guidance
- Foundational year program for science
- Courses at the Department of ecology, environment and geology.



PhD branch

• The PhD branch is for all PhD students at the Faculty of Science and Technology.



F branch

The F branch consists of students at:

- M.Sc. in engineering physics, energy engineering and open entrance Bachelor programs in physics, and physics and applied mathematics
- Masters programs in computing and physics
- Foundational year program for M.Sc. programs
- Courses at the Department of Physics



CS branch

The CS branch consists of students at:

- M.Sc. in technical computer science, and interaction and design
- Bachelor program in computer science
- Masters program in computer science
- Courses at the Department of Computer Science



I branch

The I branch consists of students at:

- M.Sc. in industrial economy
- Courses at the Department of Mathematics and Mathematical Statistics
- Bachelor programs in Mathematics

The student unions other operations

The black building right next to IKSU sport is our dear student union house, the student union house Origo. Origo is a natural meeting place for student at campus. During the weekday you can sit and study, with WiFi of course. On Tuesday-and Friday afternoons we have something called "EPP" (After study pub = Efter plugget pub). An EPP is somewhat like an after work but for students, good food and drinks are served in a good atmosphere. We also have pub/nightclub during the evenings on Fridays and Saturdays.

The motto "By students, for students" permeates the student union house Origo. All the personnel working at Origo are working voluntarily so that you can buy food and drinks at student-friendly prices and have a good time while studying.



You and your friends are welcome here, whether you want to eat, party or just enjoy the community and atmosphere that Origo offers. You are also very welcome to start working here yourself, whether you want to be in the bar, cook food in the kitchen or be a DJ. No previous experience needed, we will teach you what you need to know. Working at Origo also has its perks, like free entrance and discount on food

Welcome and we hope to see you at the student union house Origo!

Johannes Boo Head of the Student union house 2024/2025



NTK also runs its own café, Mitum, located in the heart of the MIT-building. Mitum serves lunch daily and is the obvious place for a cup of coffee between lectures.

Union house Origo www.ntkumea.se/karhuset-origo/

Contact Johannes 070 - 606 62 94 or origo@ntkumea.se

Contact MITUM! cf@ntkumea.se



Vad är Uniaden?

Uniaden are a student driven organisation that has the purpose of giving you the best possibilities to reach to where you want. Together, we create a platform containing different ... where you can build valuable relationships for your present and future working life. We also want to give you the best possibilities to develop yourself during your time at the university.





Emma Vikström & Adele Krook Project manager Uniaden 2024/2025

UNIADEN

We will during the year offer you lectures, workshops, student events and personal conversations with interesting companies. Furthermore, we also arrange a work fair in 28th of January 2025. We as an organisation always want to know your wishes, offer interesting lectures you want to attend and give you the opportunity to reach to where you want. Do you want more information? Send an email to projektledare@uniaden.com

More information www.uniaden.com

Contact 070 - 606 62 93 or projektledare@uniaden.com



Umeå university was founded 1965 as the fifth university in Sweden after about 20 years of debating and energetic lobbying, The university have over 33000 students from all over the world taking on everything from single courses to 10-year long educations. The university offers education from all disciplines and is thereby a so called full-widht university.

Education, resarch and cooperation

A universitys three main missions are education, research and cooperation and Umeå university is no exception. In educational matters, Umeå is a young and dynamic campus that challenges many of Swedens older and well-known universities. By offering modern and rethinking education we create competitive world class educations. Here among other things mentioned are Umeå Institute of Design that's ranked as one of the best in the world, and Umeå School of Business, Economics and Statistics that's ranked top 10 in the Nordics.

Apart from education there is of course a lot of research being conducted and Umeå university is challenging others with world renowned researchers. Within science and technology, the research groups in ecosystems, climate research and plant- and biotechnology are considered world leading in their respective fields. Knowledge that is also integrated in the education of the students.

Last but not least Umeå university is conduction intensive cooperation with the local trade and industry and also other universities and schools in Sweden, all to create better education and contribute to knowledge.

Proximity and openness

As a student at Umeå university you are close to your teachers. Education is often conducted in classrooms where you as a student can ask questions during the lecture. Your teachers door is often open even after the lectures , which means that you as a student can easily swing by and ask questions if you are stuck at an assignment.

The teachers are also commonly active researchers and sometimes even professors, which means that you'll get the latest knowledge and discoveries during your education.

Opportunities on a single campus

Umeå university offers a single campus where almost all education is given. This leads to great opportunities for you as a student. During their education, many student chooses to take courses in languages, business, leadership and law. This is favored by the short distances. In 3 minutes you can get from one end of campus to the other, which gives you a fantastic chance to customize your education and make it interdisciplinary.

Creative and pleasant

Every year around 2000 students from all over the world choose to spend some part of their education at Umeå university. This creates a mix of students that not only comes from all parts of Sweden, but also the rest of the world. The mix of students with the inspiring and modern facilities creates a creative environment that stimulates your studies. At the same time the university puts a lot of time and effort into making sure the students are happy with their choice of university. As a student you have the chance of influence and participation within your education as well as the university as its whole.

Arts Campus

When you make your way down "svingen" toward the city center, a big block of wood with come into your field of view. What you see is the Bildmuseet, which together with Umeå School of Design, Umeå school of Architecture and Humlab-X form Umeå University Arts Campus. Arts Campus was inaugurated the 25-26th of May 2012. NTK represents you as a student here through the Design branch.

Arts Campus contains the artistic educations offered at Umeå University. Both Umeå School of Architecture and Umeå School of Design are characterized by their highly artistic profile. The students, teachers and external shareholders creates a creative environment for architecture, design, art and profession together.

Umeå university in numbers (2023)			
Students	37 942		
including PhD students	999		
Employees	4 559		
including professors	312		
Faculties	4		
Institutions	39		
Programs	150		
Courses	1 800		
Area	242 000 sq.m		

More information

If you want to know more about Umeå University visit www.umu.se

For more information regarding NTK:s programs visit www.umu.se/teknisk-naturvetenskaplig-fakultet/

More information Arts Campus, visit www. umu.se/kontakta-oss/vara-campus/konstnarligtcampus/





Check list!

Check out the community of housing! (www.bostaden.umea.se)
 Sign up for a membership at NTK!

 don't miss all the fun NTK does!

 Change adress!
 Get home insurance!
 Visit Student Support and Guidance and international office.
 Buy a bike!

 cheap transportation + bonus exercise!

